PUBLIC SERVICE CORPORATE STEPS CHALLENGE

Rules and Regulations

1) Corporate Challenge

- 1.1 Corporate Challenge is organised for employees of participating companies and/or Organisations. In these Challenge Terms, the term "Participant" is defined as an employee who has downloaded the Healthy 365 app and signed up for the Corporate Challenge. While the term "Organisations" refers to companies that registered to participate in the Challenge and are registered and operating in Singapore with a valid UEN or ACRA number. Please refer to the <u>Challenge Terms</u> for more information.
- 1.2 For agencies who have not registered for the Corporate Challenge, the agency's Point of Contact (POC) would be required to complete the form via <u>https://go.gov.sg/corporatechallenge-registration</u> to participate in the Challenge. An entry code specific to the agency will be sent to the appointed POC, to be disseminated to employees to participate in the Challenge. If your agency chooses to have intra-teams, your agency will receive multiple unique entry codes, each representing a team in your agency.
- 1.2 Upon registration, Organisations will receive reports every week based on the cumulative daily average step count per Participant and average Moderate to Vigorous Physical Activity (MVPA) minutes per Participant, as per the steps and MVPA minutes synchronised to the Healthy 365 app. Refer to the FAQ for more information.

For more information on Corporate Challenge, please visit the Corporate Challenge website <u>here</u>.

2) Public Service Corporate Steps Challenge

- 2.1 Corporate Steps Challenge for the Public Service, organised by Civil Service Club (CSC), will be held from <u>1 January 2025 to 27 April 2025</u> and will contribute event points for the Championship STAR Games 2025.
- 2.2 This Challenge is open to all civil servants and officers serving in Statutory Boards, Restructured Hospitals and Government-Aided Schools.
- 2.3 Participants from public agencies can use their own compatible fitness tracker, or choose to collect a new heart rate monitoring fitness tracker issued by HPB ("HPB fitness tracker") that can track both steps and heart rate, if they meet all the following fitness tracker eligibility criteria.
 - a) Singaporean or Permanent Resident of Singapore;
 - b) 17 years or older (based on birth year);
 - c) Not an existing participant of LumiHealth
 - d) Did not collect a HPB fitness tracker model previously*

*Exceptions apply. You may check your eligibility on the Healthy 365 app by tapping "HPB Fitness Tracker" > "Collect a new HPB fitness tracker" on the Healthy 365 app.

Eligible users are entitled to collect 1 HPB fitness tracker each. For more information on how to collect a HPB fitness tracker, click <u>here</u>.

3) Minimum Participation Criteria

- 3.1 Corporate Challenge for the Public Service requires at least eight participating public service agencies to qualify as a Championship STAR Game.
- 3.2 Participation of Organisations is defined as follows:

Organisations with workforce size < 200	Organisations with workforce size \geq 200
At least 25 participants	250 participants or 15% of the workforce size, whichever is lower.

4) Event Points for Corporate Steps Challenge for the Public Service

- 4.1 The Corporate Steps Challenge (Public Service) will consist of multiple monthly events where public service agencies are ranked each month from <u>1 January 2025</u> to 27 April 2025 based on the highest overall daily average MVPA duration by their participants. The ranking shall be done as follows:
 - a) Ranking of public service agencies for the month of January 2025
 - b) Ranking of public service agencies for the month of February 2025
 - c) Ranking of public service agencies for the month of March 2025
 - d) Ranking of public service agencies for the month of April 2025
- 4.2 The 1st, 2nd, 3rd and 4th placing agencies in each of the monthly event, shall be awarded 8, 6, 4 and 2 Event points respectively.
- 4.3 The Event points won by the agencies over the four months, shall then be added to determine the top four public agencies for award of STAR Games championship points and prizes by CSC.

5) Award of STAR Game Championship Points and Prizes

5.1 The ranking of the public service agencies in Divisions I and II shall be determined by the summation of Event points across all the Corporate Steps Challenge events to be held in the month of January, February, March and April 2025. 5.2 Based on the highest event points, the 1st, 2nd, 3rd and 4th placing agencies shall be awarded the following STAR Games Championship points:

Placing	No. of Championship Points
Champion	8
Second Placing	6
Third Placing	4
Fourth Placing	2
Points for participation	1

6) Award of Prizes and Trophies

6.1 Prizes and trophies shall be awarded by CSC to the top four public service agencies in the Corporate Steps Challenge for the Public Service.

7) Other Matters

- 7.1 All participants registering for the Corporate Challenge via the Healthy 365 app would be required to consent to the Challenge Terms <u>here</u>. By joining this Public Service Corporate Steps Challenge, participants consent Civil Service Club on the collection, use or disclosure of your personal data taken as necessary for any promotion/marketing efforts, administering and assessing this Challenge in accordance with the Personal Data Protection Act.
- 7.2 The Civil Service Club reserves the right to amend or change the rules and regulations of the event.
- 7.3 The Health Promotion Board, Civil Service Club, its Management, Organising Committee Members and appointed officials will not be liable for any injury or death whatsoever caused to any player or official and/or loss of personal property during his or her participation or as a result of his or her participation in any of the events organised by Civil Service Club under Corporate Challenge for the Public Service.
- 7.4 All enquiries or disputes concerning the event shall be handled by HPB. Please email <u>corporatechallenge@hpb.gov.sg</u>