

**PUBLIC SERVICE SPORTS AND FAMILY DAY
OCBC SQUARE, SINGAPORE SPORTS HUB
SATURDAY, 27 JULY 2024, 8AM TO 1.30PM**

HEALTHY LIFESTYLE WALK 2024

EVENT INFORMATION

- Date : Saturday, 27 July 2024
- Venue : OCBC Square, Singapore Sports Hub
1 Stadium Drive, Singapore 397629
- Reporting Time : By 8.00am
- Getting There : By MRT
Alight at Stadium MRT Station (CC6). Use Exit A.
- By CAR/TAXI/BUS
<https://www.sportshub.com.sg> > Getting There
- Registration : <https://go.gov.sg/pssportsday24>
- Closing Date : **Sunday, 23 June 2024**

INFORMATION

1. The Event

- 1.1 The Healthy Lifestyle Walk is organised in conjunction with the GetActive! Singapore and Public Service Sports and Family Day 2024 (PSSFD 2024).
- 1.2 Participation is free.

2. Eligibility

- 2.1 Civil Service Club members, civil servants and officers serving in Statutory Boards, Restructured Hospitals and Government-Aided Schools, and employees of registered former Statutory Boards can register to join the Olympic Walk.

3. Entry and Registration

3.1 Public Service Officers need to pre-register for the event via <https://go.gov.sg/pssportsday24> .

3.2 Only registered participants will be issued with PSSFD tickets for redemption of fun packs and freebies at the event.

4. Starting Point and Distance

4.1 The start and end points of the Healthy Lifestyle Walk is at the OCBC Square, Singapore Sports Hub.

4.2 The distance of the walk is about 3km to 4km.

5. Starting Time and Waves

5.1 The Healthy Lifestyle Walk will be flagged off at **9.00am**.

5.2 PSSFD walkers must not join the Olympic Walk at 8.40am for SNOC’s registrants.

6. Programme

6.1 The programme for the Healthy Lifestyle Walk is as follows:

TIME	MAIN EVENTS
7.15am	Arrival of participants and families
8.10am	National Day Observance Ceremony: Singing of National Anthem and Recitation of National Pledge
8.15am	Launch of Public Service Sports and Family Day and Get Active! Singapore
8.20am	Get Active! Workout 2024: Dance of the Nation
8.30am	Olympic Walk Flag-off (for SNOC’s registrants) <u>Note: The Olympic Walk is not for PSSFD participants.</u>
8.45am	Flag Presentation for Participating Government Agencies
9.00am	Healthy Lifestyle Walk Flag-off for Public Service Officers and Families

7. T-shirts and Attires

7.1 Participants are advised to wear comfortable sport attires and shoes.

8. Personal Belongings

8.1 Participants are advised to bring only necessities and to take care of their own personal belongings. There will be no baggage deposit.

9. Fun Packs

9.1 Fun Packs and other freebies can only be issued after the walk at about 9.45am.

9.2 Each registered participant is allowed to collect one fun pack. Collection of fun packs on behalf of others is strictly not allowed.

10. Inclement Weather

10.1 In event of inclement weather, the event will be either delayed or cancelled. If cancelled, the event shall be replaced by mass aerobics.

11. Personal Data Protection

11.1 All participants consent to their personal data being collected and processed for purposes of administration and communication in a particular event. Participants also agree to receive postings on other events organised by the Civil Service Club.

12. Public Service Sports And Family Day (PSSFD) Tickets

12.1 Public Service Officers and Civil Service Club members must be pre-registered to take part in the activities at the PSSFD. They can also register their spouses, children and/or parents, for the event.

12.2 Only registered participants and family members will be issued with the PSSFD tickets for redemption of fun packs and freebies at the event.

12.3 Each participant or family member shall be issued with only one PSSFD ticket regardless of the number of events participating in.

12.4 Participants shall collect the PSSFD tickets from the co-ordinators of their respective agencies.

12.5 Participants must bring along their tickets on day of event as no replacement tickets will be issued at the event.

13. Covid-19 Safe Management Measures

- 13.1 All participating agencies and teams must comply with prevailing COVID-19 Safe Management Measures issued by Ministry of Health and Sport Singapore.
- 13.2 Participants are advised to exercise social responsibility. They must not show up at the event if feeling unwell or exhibit any symptoms of Covid-19 infections.

14. Disclaimers

- 14.1 Participants take part in the Olympic Walk and/or other events held at the PSSFD at their own risk. Those with medical conditions are strongly advised to consult their doctors before taking part.
- 14.2 The Civil Service Club reserves the right to cancel, postpone or change the venue, date and/or time of the event at its discretion due to unforeseen circumstances.
- 14.3 The Civil Service Club, the Organising Committee, appointed contractors, sponsors, appointed officials and staff shall not be responsible for any mishap, injury or loss of life that may be suffered by participants and/or supporters before, during or after the event.
- 14.4 The Civil Service Club, the Organising Committee, appointed contractors, sponsors, appointed officials and staff shall not be responsible for any loss of personal belongings before, during or after the event.